



# Year 7, 2024

# STUDENT ORIENTATION INFORMATION BOOKLET

Name:....

### **Killarney Heights High School**



### **RESPECT CONNECT ASPIRE**

### SCHOOL VISION

Through inspiring teaching, we develop motivated engaged students who will work collaboratively, who think deeply and logically, are creative, innovative and resourceful and are connected to the world forming positive relationships and a sense of belonging.

Learn with your head, hand and heart.

### SCHOOL ETHOS

### Respect, Connect and Aspire

It is the aim of the staff and students at Killarney Heights High School to build a respectful school community that is connected in physical, emotional and social ways. This will provide an environment where all students have the opportunity to aspire to achieve their own hopes and desires.

# **SCHOOL TERM DATES for 2024**

### Term 1

| Tuesday 30 January                               | Staff Development Day                     |  |  |
|--|---|--|--|
| Wednesday 31 January                             | Staff Development Day                     |  |  |
| Thursday 1 February                              | First day for Years 7, 11 and 12 students |  |  |
| Friday 2 FebruaryFirst day for Years 8, 9 and 10 |   |  |  |
| Friday 29 March                                  | Good Friday                               |  |  |
| Monday 1 April                                   | Easter Monday                             |  |  |
| Friday 12 April                                  | Last day of term                          |  |  |
|  |   |  |  |

### Term 2

| Monday 29 April Staff Development Day |                               |  |  |  |
|---------------------------------------|-------------------------------|--|--|--|
| Tuesday 30 April                      | All students return to school |  |  |  |
| Friday 5 July                         | Last day of term              |  |  |  |

### Term 3

| Monday 22 July Staff Development Day |                               |  |
|--------------------------------------|-------------------------------|--|
| Tuesday 23 July                      | All students return to school |  |
| Friday 27 September                  | Last day of school            |  |

| Term 4                |                               |  |
|-----------------------|-------------------------------|--|
| Monday 14 October     | All students return to school |  |
| Wednesday 18 December | Last day for students         |  |
| Thursday 19 December  | Staff Development Day         |  |
| Friday 20 December    | Staff Development Day         |  |

# **IMPORTANT YEAR 7 SCHOOL DATES 2024**

| School Photos        | Term 1 | Week 2     | Thursday 8 February      |  |
|----------------------|--------|------------|--------------------------|--|
| Band Program Open    | Term 1 | Week 2     | 5-9 February             |  |
| Week Commences       |        |            |                          |  |
| Yr 7 Camp            | Term 1 | Week 3     | Wednesday 14 – Friday 16 |  |
|                      |        |            | February                 |  |
| Yr 7 Vaccinations #1 | Term 1 | Week 4     | Thursday 22 February     |  |
| Naplan               | Term 1 | Week 7 - 9 | Wednesday 13 - Monday    |  |
|                      |        |            | 25 March                 |  |
| Group Photo's        | Term 2 | ТВА        | ТВА                      |  |
| Yr 7 Gala Day        | Term 3 | ТВА        | ТВА                      |  |
| Yr 7 Vaccination #2  | Term 3 | Week 5     | Thursday 22 August       |  |
|                      |        | Week 9     | Thursday 19 September    |  |

# **2024 CARNIVAL DATES**

| Carnival Type          | Venue                                 | Date                             |  |
|------------------------|---------------------------------------|----------------------------------|--|
| Swimming School        | Warringah Aquatic<br>Centre           | Monday 26 <sup>th</sup> February |  |
| Swimming Zone          | Lane Cove Swim Centre                 | Friday 15 <sup>th</sup> March    |  |
| Swimming Regional      | Sydney Olympic Park<br>Aquatic Centre | ТВА                              |  |
| Swimming State         | Sydney Olympic Park<br>Aquatic Centre | ТВА                              |  |
| Cross Country School   | Melwood Oval                          | ТВА                              |  |
| Cross Country Zone     | Rat Park                              | ТВА                              |  |
| Cross Country Regional | Gosford Race course                   | Friday 21 <sup>st</sup> June     |  |
| Cross Country State    | Eastern Creek Raceway                 | ТВА                              |  |

## 2024 CARNIVAL DATES cont...

| Athletics School   | Narrabeen Athletics    | ТВА                               |  |
|--------------------|------------------------|-----------------------------------|--|
|                    | Track                  |                                   |  |
| Athletics Zone     | Narrabeen Athletics    | ТВА                               |  |
|                    | Track                  |                                   |  |
| Athletics Regional | Mingara Regional       | Monday 29 <sup>th</sup> & Tuesday |  |
|                    | Athletics Centre Tumbi | 30 <sup>th</sup> July             |  |
|                    | Umbi                   |                                   |  |
| Athletics State    | Sydney Olympic Park    | ТВА                               |  |
|                    | Athletic Centre        |                                   |  |
| Year 7 Gala Day    | Various venues         | ТВА                               |  |

### SCHOOL SWIMMING CARNIVAL

### Ms Trafford

The school Swimming Carnival is a house competition event that will take place at the Warringah Aquatic Centre on Monday the 26<sup>th</sup> of February. This carnival is the first of many representative carnivals that will take place in 2024 and the various dates are included in the table below. The event is due to start at 8.30am for warm up and long-distance events which will begin at 9.00am. The school supplies buses from school and will return once the carnival has finished at approximately 2.30pm. An online permission note will be sent for all carnivals at the start of 2024 and approval will need to be submitted for your child/children to participate.

### SCHOOL CROSS COUNTRY CARNIVAL

### Ms Trafford

The school Cross Country Carnival is a house competition event that will take place at Melwood Oval in term 2. This carnival is the first of many representative carnivals that will take place in 2024. The event is due to start at midday with all students running various distances that suit their age group. The prefects and SRC will run various social/team games that will take place in the middle of the oval. Students will walk with teachers, return to school once the carnival has finished to be dismissed at approximately 2.30pm.

### SCHOOL ATHLETICS CARNIVAL

The school Athletics Carnival is a house competition event that will take place at the Narrabeen Academy of Sport in term 2. This carnival is the first of many representative carnivals that will take place in 2024 and the various dates are included in the table on page 3. The event is due to start at 8.30am for warm up and long-distance events which will begin at 9.00am. The school supplies buses from school and will return once the carnival has finished at approximately 2.30pm.

### YEAR 7 GALA DAY

### Ms Trafford

Ms Trafford

The year 7 gala day is an all-day fun team sport competition against the numerous schools in our zone. It will take place in term 3 at numerous nearby venues. Sports choices change from year to year but some of the usual sports are Netball, Touch Football and Soccer. Buses will be supplied for all students and they will all arrive back at school in time for the public buses.

### KHHS HOUSE GROUPS FOR CARNIVALS

### The four House Groups are all given Irish names

| 1. | Kerry- Red     |
|----|----------------|
| 2. | Ross - Blue    |
| 3. | Tara- Yellow   |
| 4. | Conaire- Green |

Every Year 7 Student will be allocated a house group on commencement at KHHS and will remain in this house group for the duration of their schooling at KHHS.

### JUNIOR CURRICULUM (Stage 4)

The junior curriculum operates in two modules. Years 7 and 8 study a core group of subjects and an expanded curriculum incorporating elective choices, which are offered in Years 9 and 10.

Year 7 is the same in all schools throughout NSW, whether State or Private.

At Killarney Heights High School students study:

- English
- **Mathematics**
- Science
- History •
- Geography •
- Art
- Drama, with a focus on resilience and teamwork
- Music •
- Personal Development, Health, Physical Education
- Technology Mandatory •
- ICT
- Integrated sport



Note: There is the opportunity for students who have

studied French previously to continue the language from Year 7.



# Vive le Français!

At Killarney Heights High School, we offer a French program which caters to the needs of students, whether they have no knowledge of French, significant prior knowledge or

come from a French-speaking background.

Two courses of French are offered in Year 7. Both courses are for students who have studied French before. Students with no prior knowledge of French can elect to study at beginners level from Year 8.

### FRENCH FOR PRIOR LEARNERS (Anglophones)

This course is for English speaking students who have studied at least 3 years of French in Primary School. Building on the students' prior knowledge, it is a fun course where students will explore a range of topics in French, through text, research, drama, film etc. Explicit explanation of grammar will be given, especially conjugation.

### FRENCH FOR BACKGROUND SPEAKERS COURSE (Francophones)

Students with a French-speaking background or who have lived in a French-speaking country are invited to take this course. Delivered entirely in French, this course has a focus on improving students' control of French grammar and expression through the study of Francophone literature, media and current affairs.

Both classes take place on Tuesday and Thursday mornings before school, from 7.50-8.50 am at KHHS. Students are assessed in accordance with the NSW K-10 French syllabus and students' results from this course are included in their school report.



### **UNIFORM SHOP**

Opening Hours Tuesdays- 7:30am-1:30pm

Thursdays- 11:30am-3:30pm

Please contact our Uniform Manager: Ms Dee Cleworth P| 02 9453 5000 or Email| <u>khhsuniforms@gmail.com</u> Order forms can be found on the school website under about our school |what we offer | uniforms

### Junior Uniform Option 1



Junior Uniform Option 2



### Senior Uniform Option 1



Senior Uniform Option 2



Page | 8

### Band Uniform



### KHHS UNIFORM INFORMATION:

#### JUNIOR: YEARS 7, 8, AND 9

- Minimal or no makeup or jewellery to be worn e.g. sleeper earrings, plain rings, watch
- ✤ No tracksuit pants, leggings or hoodies to be worn on a daily basis

### OPTION 1 UNIFORM – SUMMER: (Terms 1 and 4)

#### WINTER (Terms 2 and 3)

- Light blue check dress, (optional navy shorts) (summer)
- ✤ Navy skirt or navy trousers (winter)
- White short sleeved collared shirt with school crest on pocket (style can be worn out slits on side) or long sleeved white collared shirt may be worn, preferably tucked in.
- School cap is strongly recommended
- Black stocking or white over ankle socks (no sports socks)
- Regulation lace-up solid black leather shoes or black leather slip on shoes that are fully enclosed and cover the arch of the foot - flat heel. No boots, sports shoes, ballet style shoes or slippers
- School navy blue pullover, KHHS Soft Shell School jacket
- Navy blazer with school crest (optional)
- Plain black or white scarf (optional)

### OPTION 2 UNIFORM – SUMMER: (Terms 1 and 4)

### WINTER UNIFORM (TERMS 2 and 3)

- Mid grey school shorts or trousers (surf type with elastic waist or cargo pants are not acceptable)
- White short sleeved collared shirt with school crest on pocket (preferably tucked in). Long sleeved white collared shirt may be worn, preferably tucked in (with school Junior tie)
- School cap is strongly recommended
- ✤ White over ankle socks (no sport socks)
- Regulation lace-up solid black leather shoes or black leather slip on shoes that are fully enclosed and cover the arch of the foot - flat heel. No boots, no sports shoes
- ✤ School navy blue pullover, KHHS Soft shell school jacket
- Navy blazer with school crest (optional)
- Plain black or white scarf (optional)

### SPORTS UNIFORM

We have two different sports shorts available

- School navy sports shorts with school logo
- ✤ White polo sports shirt with school logo
- School navy blue pullover
- School navy track pants
- ✤ White over ankle socks
- Runners/joggers
- School cap is strongly recommended.

This sports uniform is to be worn only on Wednesday by students doing sport.

All students are to wear this uniform during practical PDHPE lessons.

Note – Students are not to wear tights to school. Students are required to wear school shorts or navy school track pants.

Protective Footwear – Please Note: For students who have scheduled Science, TAS and CAPA classes (Visual Arts and Photography) classes on a Wednesday, regulation lace-up solid black leather shoes or black leather slip on shoes that are fully enclosed and cover the arch of the foot - flat heel. No boots, or sports shoes, are to be worn during these lessons. Please see NSW DEC Footwear Guidelines for further information.

### LIBRARY

Our library is located in E Block and is the go-to place for help from our IT, Learning Support and Information teams. We have an abundance of resources including both print and digital book collections to help support and encourage all of our students to read on regular basis.



Our library is home to our school therapy dog, Lani, who joined the KHHS Wellbeing team in 2020. Lani is often out and about in the playground or visiting classrooms where she works with students to promote a calm environment and reduce anxiety.

### KHHS Phone Policy KHHS "Lock Down; Look Up" Initiative (Revised Electronic Devices Management Policy)

### **Background/Rationale**

Since the inception of its Electronic Devices Management Policy, Killarney Heights High School has prioritised educating students on the safe and responsible use of all electronic devices. While most students have followed the policy, there have been unfortunate exceptions, and the abuse of mobile phones has presented significant challenges for teachers and other students, often disrupting entire classrooms. In most instances, student misbehaviour is addressed on a case-by-case basis; however, unauthorised mobile phone use is contributing to a growing problem. In order to lighten teachers' classroom administration burden, the School is updating its Electronic Devices Management Policy to place teachers in control of when and how mobile phones are used at school. While a single policy cannot possibly eliminate all behavioural issues teachers encounter in the classroom, the School believes this is an important first step towards addressing this problem in order to promote staff and student safety, health, and wellbeing.

The KHHS Executive (comprised of the Principal, Deputy Principals, and Department Heads) has consulted extensively with the school community via various channels, including engagement with parents and carers at P&C meetings, extended conversations with teachers and students at school, and most recently, a series of bespoke surveys for teachers, parents and carers, and students, respectively. In September 2022, a working group comprised of parents, P&C Executive members, and School Executive members was convened. This group was charged with analysing and collating survey data and recommending a revised policy on electronic devices that is more transparent for teachers, parents and carers, and students.

### The Yondr System, Pilot, and Trial Period Explained

After much debate and consideration of arguments on both sides of a contentious and emotionally-charged issue, the School Executive, upon the recommendation of the working group, implemented a one-year trial of <u>the Yondr pouch system</u>, which required students in years 7-10 to "lock" their mobiles away in a personal pouch when entering the school grounds and "unlock" them when exiting—much like they "tap" on and off public transport.

The trial was preceded by a pilot for Year 7 students in Term 4 2022. Throughout the pilot, the school solicited feedback from students, teachers, and parents and carers, carefully noting any issues, observing impacts on learning and wellbeing, and making necessary adjustments. In 2023, having streamlined the program during the pilot, the School rolled out the Yondr pouch system to Years 7-10, with the program and policy to be reviewed rigorously throughout and after the trial year.

### But what about mobiles used for learning purposes?

The school recognises the usefulness of mobile phones as learning aids and their importance in fostering technological literacy. For this reason, mobile phones will still be used in the classroom; however, teachers will have sole discretion over when to "unlock" mobiles for learning purposes—and when to lock them down. Year 7 ICT lessons that teach responsible use of technology (and mobile phones in particular) will continue, as it is more important than ever that our children learn to become responsible digital citizens in an increasingly digitized world.

Some have asked why mobiles can't just be stored away during class time and used at other times, at the students' discretion. There are two key reasons:

- 1. Inside the classroom, inappropriate mobile phone use has created an additional administrative and classroom management burden for teachers and an unwelcome distraction for students. Following extensive classroom observations and a careful review of incident data, the School has decided to mitigate this challenge at the school gates—before students even enter the classroom—to minimise disruptions during the school day.
- 2. Outside the classroom, it has been observed that an increase in mobile phone use at recess and lunch has replaced face-to-face interactions among students and healthy engagement in physical activity. <u>The Australian Institute of Family Studies</u> encourages us to move more and take regular breaks from electronic devices. Moreover, it recommends no more than two hours' screen time *per day* for young people aged 5 to 17. In addition to the physical benefits, limiting screen time is also important for mental health, social development, and community building. <u>With youth-related problems on the rise</u>, it has never been more important for students to prioritize human interaction and connect with each other during the school day, much like healthy families encourage "phones off" at dinnertime to engage in conversation and make eye contact after a long day of work and study.

### The Revised Policy and what it means for Parents and Students

The revised KHHS policy limits the use of mobile phones and small electronic devices (including headphones and ear buds) during the school day. This does not include BYOD laptops. The school acknowledges that in certain circumstances, access to mobile phones may be necessary, and is happy to work with concerned families on a case-by-case basis.

Reasonable adjustments will, of course, be made for any student who relies on an electronic device for the day-to-day management of disability or learning, physical, medical, and/or mental health/ wellbeing needs. Parents and carers are encouraged to liaise with the school Learning Support and Wellbeing Teams directly to formulate a plan for meeting these students' individual needs. Such exemptions will be documented on the students' support plan and reviewed on a regular basis.

Finally, the school recognises that from time to time, students will need to communicate with parents and carers (and vice versa) during the school day. For brief messages, this can be achieved via students' school email accounts and computer-mediated messenger functions. In more serious or emergency situations where a detailed conversation is required, the school

office can assist. And students will, of course, have access to their mobile phones before and after school and any time they leave the school grounds for sport or excursions. The new policy applies only to the time spent *within school grounds*, as KHHS understands the important role mobile phones play in keeping students safe while in transit to and from school.

## **School Expectations**

- From 2023, all students in years 7-10 will be provided with a Yondr pouch to secure their mobile phone for the duration of each school day during the one-year trial period, after which the program will be reviewed, with results disseminated to the KHHS community.
- The school-issued pouch will be considered part of the school uniform, and all students who own a mobile phone are expected to have their Yondr pouch at school every day. We encourage students to write their name on their pouch and personalise it with appropriate decorations.
- Each student is responsible for maintaining their pouch and ensuring it is in workable condition at all times. The number assigned to the pouch (and student) will be displayed on the inside of the closing mechanism.
- Students who lose or destroy their pouches will be asked to pay a \$10 replacement fee and be required to leave their phone with the front office until the fee has been paid.
- Upon entry to school, all students are required to turn off their mobile phones, place them in the Yondr pouch, and ensure the pouch is locked.
- Headphones/ear buds are not part of the school uniform and should not be used during school hours unless directed to by a teacher or as part of a support plan. These should be safely stored in bags, not on the student's person.
- Yondr pouches should be secured in school bags or lockers at all times and never left unattended.
- After using mobile phones in class under teacher supervision, students should return their phones to the pouch, securing them prior to leaving the classroom.
- Students with disabilities or wellbeing related needs may have, as part of their Support Plans, access to mobile phones in the classroom to support their education. When accessing the device/s, they must respect the rules and conditions covered in their support plan.

# **Compliance:**

### **First Instance:**

• If a student is found using their device without permission, either in the classroom or the playground, the student will be referred to the Deputy Principal. The device will be handed to the Deputy Principal and placed in a secure location until the end of the day. At the conclusion of the school day, the mobile will be returned to the student by a member of the senior executive. The incident will be recorded on the student's behaviour record as a refusal to follow a reasonable instruction.

### Second Instance:

• If a student is found using their device without permission for a second time, the device will be confiscated as per the process outlined under the first offence. The student will not be permitted to collect the phone at the end of the regular school day. A parent or their designee will be notified that they are required to collect the phone from the school. This incident will also be recorded on the student's behaviour record as a refusal to follow a reasonable instruction.

### **Implementation Procedures**

### General

- Students that bring mobile phones to school should have their mobile phone in their Yondr pouch, and the pouch should be closed and locked at all times.
- Unlocked (i.e., not in Yondr pouch) Year 7-10 student mobiles phones will not be permitted on school grounds during school hours, except when:
  - A teacher has unlocked the Yondr pouch as part of a specific learning experience.
  - The student has a documented exemption. This is usually part of their learning, wellbeing or behaviour support plan. Teachers will need to be aware of individual exemptions for all students they teach.

### New enrolments

• Upon confirmation of a student's enrolment, a Yondr pouch will be assigned to them through the front office.

### Arriving at / leaving school each day

- On entry to the school each day, all students in Years 7-10 will be required to turn off their mobile phones, place them in their Yondr pouch, and ensure their pouch is locked.
- The pouches will remain locked throughout the day except in cases of teachersupervised activities or approved exemptions.
- At the end of the day, students will need to access the unlocking stations on their way out of the school grounds to enable access to their mobile phone.

### Mobile unlocking stations

• These are available, through the library, for staff to book to enable access to student's mobile phones for specific educational activities. These would usually be planned activities with a specific educational purpose, including, but not limited to, safe and responsible use of technology lessons and education-related photography and videography.

### **Excursions/Sport (off-site)**

- Phones are an important safety device and should not be locked in pouches when students are off site for a school organised activity, particularly if they are not likely to return to school at the end of the activity.
- Students will need to ensure they unlock their pouches and remove their phones from them when leaving school grounds in these instances.

### **Damaged or lost pouches**

- Students who lose or damage their pouch will be asked to pay a \$10 fee to replace their pouch. The will be required to leave their phone with the front office until they have paid the fee for their new pouch. The school will have a stock of pouches available for re-issue in these circumstances.
- If a student requires their mobile phone before or after school while waiting for a replacement pouch, they are encouraged to hand their phone to the Deputy Principal/Office each morning, where it will be kept in a secure place until the student collects it at the end of the day.

### **Evacuation/Emergency**

• Staff will carry all portable unlocking stations to evacuation areas during an evacuation. Use of these unlocking stations will be at the discretion of the School Executive.

### **Yondr Inspections**

- Random inspections will be carried out at various times to ensure compliance with the policy. Students will be asked to present their pouches to show that the pouch is locked with their phone inside.
- At announced times during the year, all students' Yondr pouches will be inspected and audited to ensure they are still functional. Students will be given a week's notice prior to the inspection date to prepare.
- Students will be asked to produce their Yondr pouch for inspection by the Deputy Principals. The primary focus of these inspections will be on functionality of the pouch. Student pouches that cannot be quickly unlocked and locked will need to be replaced. This will be determined by a member of the School Executive.
- Students who do not have their pouch on them for the inspection will be sent to the office to discuss the matter with a Deputy.

### **Expectations of Staff**

- Teachers and other school staff should aim to be positive role models around responsible mobile phone use and should minimise their own use of mobile phones in front of students unless it is to support specific learning activities.
- Teachers are encouraged to use school owned/supplied digital devices to conduct online learning activities where possible.
- When a learning activity requires the use of student-owned mobile phones, the teacher will book a portable unlocking station. The teacher should ensure that they leave enough time for all students to turn off and relock their devices in the Yondr pouches at the end of the lesson and that the phones are only out of pouches for the duration of the learning activity.

### **Expectations of Parents/Carers**

- The role of educating students on the responsible use of mobile electronic devices does not rest solely with the school. As such, this policy is not intended to operate at school in isolation. It should complement, rather than replace, guidance from parents and carers at home and outside the school environment generally.
- To maximise the effectiveness of this school initiative, parents and carers must also take an active and ongoing role in modelling and promoting responsible use and behaviours associated with mobile electronic devices.

Page | 17





### AT KILLARNEY HEIGHTS HIGH SCHOOL OUR VALUES ARE:

We respect students, teachers, parents, our school, environment and community

- **We connect** by listening, learning, accepting and working together positively
- **We aspire** to be confident self-motivated learners
- > We seize all opportunities to become resilient people
- > Learn with our head, our hand our heart

### KHHS WELFARE TEAM for 2024

| Year 7 Adviser               | Ms Paula Morris<br>D Block Maths upstairs   |
|------------------------------|---|
| Year 7 Deputy                | Ms Dennielle Woskanian<br>A Block Front Office  |
| Head Teacher Wellbeing       | Ms Naomi Yorston<br>E Block Library downstairs<br>Mr Luke Gardiner<br>B Block TAS downstairs staff room                 |
| Learning and Support Teacher | Ms Naomi Yorston<br>Ms Michele Freeman<br>E Block Library downstairs  |
| Supervisor of Girls          | Ms Genavieve Zoeller<br>E Block English downstairs staffroom<br>Ms Anneliese Hoschke<br>D Block HSIE Upstairs staffroom |
| Counsellor/s                 | Ms Ali Malone (Monday, Tuesday,<br>Wednesday, Friday)<br>Mr Joseph Taffa (Thursday)<br>A Block Front Office             |

# **CLASSROOM EXPECTATIONS**

# Respect

- Be ready and equipped for school and learning
- Work, cooperate and communicate respectfully
- Value everyone's right to learn and accept diversity

### Connect

- Get involved
- Work as a team
- Take responsibility for learning

# Aspire

- Think, reflect and participate
- Strive to achieve your personal best
- Engage with new opportunities and set future goals



## **EXTRA-CURRICULAR ACTIVITIES, CLUBS AND GROUPS**

| Duke of Edinburgh Award | Mr Daniel Dempsey                |
|-------------------------|----------------------------------|
| Plays/Musicals          | Mr Sam Hawkins                   |
| Year 8 Drama Club       | Ms Rebecca Petrie                |
| KHHS Dance Troupe       | Ms Rebecca Petrie/Roxy Malcolm   |
|                         | (Dance Teacher)                  |
| Bands Ensembles Program | Mr Lachlan Hamilton              |
| Art Club                | Ms Slater, Ms Justine Legend, Ms |
|                         | Claudia Bailey                   |
| KHHS Choir              | TBA                              |
| Stage Crew              | TBA                              |
| Run Club                | Ms Ainsley Chapman               |
| The Run Beyond Project  | Mr Eddie Payne                   |
| Year 7 House Sport      | Ms Lisa Trafford                 |
| Science Club            | Mr Declan Bird                   |
| Public Speaking         | Ms Melanie Sanderson             |
| Debating                | Ms Melanie Sanderson             |
|                         |                                  |

### DUKE of EDINBURGH AWARD

The Duke of Edinburgh Award is an international programme that aims to encourage personal growth in young people by encountering new and enriching experiences. It has three levels: Bronze (14+yrs), Silver (15+yrs), Gold (16+yrs)

These involve an increasing amount of personal commitment. However, you do not have to be a superstar to succeed, even in the Gold!

Each level of the Award involves four areas:



- Skills developing the creative side
- Service contributing to the community
- Physical recreation making progress in a physical activity
- Expeditions journeys through the Australian bush.

Many activities that students already do can be counted towards the Award. Doing your best and expanding your horizons at your own pace are what it's all about. The award is a valuable addition to your CV, is extremely satisfying - and great fun!

### PLAYS/MUSICALS

Killarney Heights High School conducts whole school musicals and plays every second year. Participation in plays or musicals typically involves a long-term commitment from students; rehearsals continue for a minimum of one term in collaboration with Stage Crew, Production and Direction teams. Auditions and expression of interest for production and stage crew roles are conducted in Term 4 in the year preceding a production. Rehearsals take place on Monday and Wednesday afternoons.

Recent Killarney productions: 2023 (Musical)*The 25<sup>th</sup> Annual Putnam County Spelling Bee,* Rachel Sheinkin. 2020 (Play) *Alice's Adventures in Wonderland,* Simon Reade. 2019 (Musical) *We Will Rock You,* Ben Elton.

### THEATRE SPORTS

Theatre sports is the art of improvisation as perfected by renowned stand-up comedians and actors. Students form teams and train with a teacher one afternoon a week for 1-2 terms and then compete in a school competition. Students learn to refine real-life skills of imagination,

creativity and collaboration in this engaging and rewarding experience.



### SHAKESPEARE FESTIVAL

As a gifted and talented extension for the passionate actors at Killarney Heights High School, in 2021 the Drama Teachers of the school have trained troops of students from Years 7-11 to create performance pieces inspired by the renowned works of William Shakespeare. Expressions of interest take place in Term 4 and students rehearse at various afternoons and lunch-times (dependant on year group). Students will share their polished works with parents and friends in Week 2 of Term 2 before final decisions are made regarding which groups will represent the school in the By Jove Shakespeare Carnival in 2024. The act of collaborating to invigorate these revered plays challenges and develops student interpretative and performance skills.



### BAND ENSEMBLE PROGRAM- Year 7 OVERVIEW



At Killarney Heights High School we offer a comprehensive band ensemble program, with many amazing opportunities throughout the year which will continue to develop, improve and inspire your musical passion, with a variety of band ensembles to suit your ability. One of the most important aspects of our program is band camps and tours! Students in our junior ensembles can look forward to a short regional tour in the international touring year.

### **Ensemble Rehearsal Days and Times**

Concert Band - Derek Barg

Monday & Wednesday Mornings 7:30-8:30am

Stage Band – John Pennings

Tuesday Afternoons 2:30-3:30pm

Chamber Orchestra – Adrian Keating

Friday Mornings 7:30-8:30am-A7

Guitar Ensemble- Dave Wooltorton

Thursday Afternoons 3:15-4:15pm

### **Mandatory Ensembles**

#### Concert Band- Main Stream

For Years 7, 8 and 9, Concert Band is the perfect ensemble for students to continue their musical journey from their primary school bands. We encourage all students that played in their primary school concert bands to join Concert Band in Year 7. It's a fantastic way to meet new friends with a common interest. Open to all students playing traditional wind band instruments.

Rehearsals M/W 7:30am – 8:30am

Conducted by Derek Barg

#### Symphonic Winds- Main Stream

For Years 9, 10, 11 and 12, the Symphonic Winds is for advanced wind band players. This ensemble plays at a very high standard, and is a thrill to listen to. Entry is by audition only, and for students playing traditional wind band instruments.

#### Rehearsals Tu/Th 7:30am – 8:30am

**Conducted by Lachlan Hamilton** 

### **Extension Ensembles**

#### Stage Band- Extension Stream

For Years 7, 8 and 9 students. Stage Band is an extension ensemble for traditional big band instruments. Stage Band plays a variety of contemporary styles including jazz, funk, pop and Latin. Enrolment in this group is conditional of active membership in one of the Main Stream ensembles.

Rehearsal Tue 2:30pm - 3:30pm

**Conducted by John Pennings** 

### **Big Band- Extension Stream**

For Year 9, 10, 11 and 12 students, the Big Band performs at jazz festivals and jazz clubs, both in Sydney and when on tour. The group plays at a very high standard, and plays music in jazz, funk, pop and Latin styles. Entry is by audition only, and prior membership in Stage Band is looked on favourably. Enrolment in this group is conditional of active membership in one of the Main Stream ensembles.

Rehearsal Fri 7:30am – 8:30am

### **Conducted by Lachlan Hamilton**

#### Chamber Orchestra- Main Stream

For all year groups, the Chamber Orchestra is the perfect ensemble for students that played in their primary school string ensembles to continue their musical journey. Open to all string players, the Chamber Orchestra plays an eclectic mix of classical, pop and soundtracks.

#### Rehearsal Friday 7:30am – 8:30am A7

Conducted by Adrian Keating

#### **Guitar Ensemble- Main Stream**

Guitar Ensemble is open to all year groups, and accommodates acoustic and electric guitar, as well as bass guitar. This is a great ensemble for guitarists to further hone their skills in a welcoming, ensemble environment.

Rehearsal Thu 3:15pm – 4:15pm

**Conducted by Dave Wooltorton** 



### Band Ensemble Rehearsal Location

All Band Ensemble Rehearsals will be located in the Band Rehearsal Space, our new home, located in E Block, E3 next to the Print Room- In the Library Block- Orange Doors

Chamber Ensemble is the only ensemble where rehearsals are located in the A Block A7 classroom- downstairs

### Storage of Student Instruments

Students Band Instruments can be stored in the B Block cupboard downstairs closest to the Starkey street side of theschool.

This cupboard will be for the storage of Instruments while students are at school. We encourage instruments to be taken home daily and not to be left at school for the week, but if accidentally left behind this cupboard will be locked up after the end of school and unlocked in the mornings at approximately 7.30/8.00am.

### Instruments

At Killarney Heights High, parents are to arrange their individual child's instruments hire or purchase (sourced through contact with your child's conductor, music teacher or music stores such as Turramurra Music or Adlib Music) prior to the start of the new school year. This is especially important for the new Year 7's transitioning from Primary to High School as demand for hire will be high.

We do hire a few of the larger instruments ourselves for use at school from the Creative Arts Unit (CARL)

Parents are also welcome to hire through CARL, should you be experiencing trouble sourcing an instrument.

Please liaise with Mrs Samantha Eakin the Band Administrator to arrange on your behalf & set up your hire.

Page | 26

### Band Contact

General enquiries and administration should be made to the Ensemble Administrator, Mrs Samantha Eakin at **samantha.eakin@det.nsw.edu.au** 

We Welcome you and look forward to your musical journey with us in the KHHS Band Program

### ART CLUB

Art Club is an afterschool Visual Arts class run by the Visual Arts teachers in the art rooms at Killarney Heights High School. Art Club is designed for students of all years to further develop and refine their art making skills. The student capacity and prices for Art Club vary depending on which mediums are used. Each term is based around one medium (example: ceramics, photography or printmaking) and students learn foundational to intermediate skills in this material. Art Club is a fun, creative and safe environment for students from all years to attend, make new friends and create unique pieces of art!



### KHHS CHOIR

The Killarney Heights High School Choir is a fun, welcoming group for all students at the school. The choir rehearses at one lunch time per week. Students will learn about singing technique, blending voices, intonation, diction, and breathing. The choir also works together throughout the year to write an original song which is premiered at the end of the year. Other performances take place throughout the year, including community engagement events.



### STAGE CREW

The Stage Crew are an elite unit of highly enthusiastic and responsible students who receive specialist training in using Audio, Visual and Lighting equipment. These students will run assemblies, performances, and other special events in the hall and across the school. In recent years, the Stage Crew have been a vital part of school plays and musicals, including *Oliver!* (2017), *We Will Rock You* (2019) and *Alice in Wonderland* (2020). Stage Crew meet several times in Term 1 for training, and then meet as needed throughout the year to prepare for school events.

### **RUN CLUB**

Wednesday morning at 7:30am run club will meet on Killarney Oval. An easy run around the streets of Killarney to kick start the week. All abilities welcome and is free for all.



### THE RUN BEYOND PROJECT

A select group of students will train for a fun run whilst Fund-Raising for the Run Beyond Project - students in need of a little more support. The charity aims to guide students in goal setting, resilience, community and fitness. Killarney students have the added lesson of social justice. Training is held once a week, all students work towards the end goal of completing a fun run of varying distances.

Contact Mr Eddie Payne for more information edward.payne5@det.nsw.edu.au

Cost - \$40 sign up + weekend travel to race (approx. \$150) Time - 7.30 am Wednesday



### YEAR 7 HOUSE SPORT

First-term of year 7 students will participate in a weekly round-robin competition at Melwood oval. Students will be placed in House teams to allow for students to get to know other students in the year who they don't share a class with. The emphasis is on fun, inclusion and fitness. Sports include Touch Football, Netball, Soccer, T-ball, Frisbee and European Handball.

Cost - Included in school fees Time - 12.45pm Wednesdays

### SCIENCE CLUB

Science Club offers an opportunity for keen science students to actively participate in conducting a new experiment each week. Students across all years are welcome to attend. Science Club meets every Thursday in D07. From turning copper into gold, growing crystals, creating rainbow fire and making your own slime, Science Club never fails to be a fun, entertaining and educational experience. For further information you can contact Mr Bird in Science.

### **PUBLIC SPEAKING**

Public Speaking is a source of pride and achievement at Killarney Heights High School. Many of our students have achieved excellent results in the many competitions in which our school participates - including the NSW Rostrum Voice of Youth, the Sydney Morning Herald Plain English Competition, the Legacy Public Speaking Competition and the Lion's Club Youth of the Year.

### DEBATING

We also enter the NSW Premier's Debating Challenge which conducts interschool competitions for Years 7-8, 9-10. Our students continue to enjoy success in these competitions while developing confidence and critical thinking skills.

### WHAT YOU NEED TO KNOW

**Feeling Ill or Accident-** If you feel unwell during the day you will be given permission by your teacher to go to the sick bay Administration Staff from the Front Office will contact your parents. Students are not to contact parents directly. If leaving school, you must sign out.

Chewing Gum- Chewing gum is banned at Killarney Heights High School.

**Counselling-** Killarney Heights High has a school counsellor on site every day. Counselling can be arranged for students who need assistance. Students can directly make an appointment to see a Counsellor. Staff or parents can refer students for assistance.

**ID Cards-** ID Cards must be kept on students at all times.

ID Cards are used to sign in when students are late to school and also to borrow books at the Library. Replacement cards may be available from the Student Attendance window for a fee.

**Lateness-** Students should endeavour to be at school on time, every day. If students are late they must report to the Attendance window with their ID Cards and receive a late slip, the late slip is then to be shown to their classroom teacher. All late arrivals and absences require a written explanation from the parent/guardian to be supplied within the 7 days of the lateness/absence.

**Library-** The school Library is open from 8:40am, each morning, as well as recess and lunchtimes. The Library is closed during recess each Friday. Students may borrow resources for a period of 14 days. Overdue notices are issued to students who have not returned items.

**Lockers**- Lockers are available on a limited basis. First issue is to Year 7, then Year 12 and availability to other years thereafter. Cost is \$30 which includes the use of a school lock. Students will be notified when they can apply and pay for their lockers at the commencement of Term 1.

**Lost Property**- Check the lost property box (in A-Block) and at the Administration Office. It is important that all uniform items are clearly labelled.

**Opal Cards-** The School Opal Card gives eligible students free or discounted travel between home and school. See: transportnsw.info/school-students or call 131 500 for further information.

Students travelling on public transport are required to travel in a respectful manner. On arriving at school students must make their way to supervised areas and not leave the school grounds without permission.

**Pass Out-** If a student needs to leave to attend an appointment during school hours this needs to be in writing. The student needs to bring a note in the morning detailing their name, year, time they need to leave and a reason why, and hand it into the attendance window

before school. They will be issued with a pass out which they can show the teacher if they need to leave in the middle of a lesson.

**Textbooks-** These are loaned to the students by the School. Students are required to carefully look after and return textbooks in good condition at the end of the year or when the student leaves the school.

**Timetable-** School commences at 8.50am for all years and finishes at 3.10pm with the exception of Tuesdays and Wednesdays when school ends at 2.30pm. Inter-school sport occurs on Wednesday afternoons. All students return from sporting venues in time to catch afternoon buses home. The school's timetable consists of a two-week cycle, identified as Week A and Week B.

**Valuables-** Valuables and/or large sums of money should not be brought to school. KHHS takes no responsibility for lost or stolen items. If it is unavoidable, the money or items may be kept in the school safe in the Administration Office in A Block until the end of the school day.

**Website-** Take a look at our school website for more information about your new school. <u>http://killarney-h.schools.nsw.gov.au/</u> Simplify your school life• We have partnered with Flexischools, to make school lunches even easier.



**Download the Flexischools App Note:** for iPhone and iPad please select 'Allow' notifications.



### Login/Register

- Already a Flexischools user Enter your details and login. To save your login details select 'remember me'.
- New Flexischools user Click 'Register', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for their school, enter student details and select their class.

#### **Top Up Your Account**

To make ordering fast and simple, you can set up automatic top ups in your '**User Profile**'.

#### Order

#### Place your Order

On the app home screen, scroll down to view your school services such as canteen and uniforms. Then **swipe left and right** to view all available services.

#### Make your Selection

Find the service and press '**Order**', then select the items you wish to order.

#### Make Payment

Select your payment option and complete payment to place your order.





### LAPTOPS AT KILLARNEY

Killarney Heights High School runs a BYOD (Bring Your Own Device) program.



Year 7 need to bring a laptop to school on a daily basis when required. Teachers will be delivering lessons and teaching valuable skills using these laptops. One lesson per cycle will be dedicated to computing skills, such as typing, cyber safety, using learning systems, organisation and how to access the programs provided by the Department of Education.

Software such as MS Word or Adobe products do not need to be purchased as these are available free for all students, with instructions provided on how to access during the ICT lessons.

We do not prefer a certain brand of device – please refer to the BYOD checklist, which is on the school website under Technology.

https://killarney-h.schools.nsw.gov.au/technology/parent-portal.html

The first-time laptops need to be bought to school is Friday 3rd of February. Please make sure you know how to log on to the device and have it fully charged.

### Students will be guided through the following processes:

- Accessing resources
- Password setups
- Access to online learning tools
- How to print
- Student Portal
- Email
- Accessing Software

### During the ICT Lessons that occur once a fortnight, students will learn:

- Support on using school platforms
- File management
- Organisation
- Installing and accessing required software

### For everyday use we recommend:

- Devices should be brought to school charged
- Lockers are available
- Keep the device in a protective case.
- A mouse and headphones may be useful
- Used in a wide range of subjects

### Points to remember:

- Students need to install software please don't install parental lock
- Don't install software in advance we do it at school using the DET account
- Our school network is managed by the DET many sites such as Facebook and YouTube are blocked.
- We have Tech Support in the library every day from 8am
- We a few have short-term loan devices (2 weeks) that can be borrowed if laptops need to be repaired. Please contact the school if this service is required.



### HOMEWORK

Homework is part of a process at Killarney Heights which aims to:

- \* Provide every student with the opportunity to achieve their full academic potential.
- ✤ Encourage students to take responsibility for their own learning.
- ✤ Prepare students for life-long education.
- ✤ Produce independent learners with a positive self-image.

Developing independent skills in working at home is essential for success in secondary education, so students and parents are encouraged to take homework seriously and to ask for support if required.

All students should check their school diary or online classrooms for homework each night and plan appropriate routines for completing school activities. This period of time should be regular, though may increase during assessment periods. The actual use of this time could be for a variety of activities.

The school is interested in ensuring homework is meaningful, authentic and appropriate for developing student skills and understandings for their variety of subjects. For this reason, much of the homework students will receive will be directly linked with work from class and upcoming assessment tasks. This may include students furthering their skills independently at home in:

- ✤ Completion of work from the day's lessons
- ✤ Further development of understanding in course content
- ✤ Planning for writing or assessments
- ✤ Idea generation, drafting and scaffolding of responses
- ✤ Adoption and application of teacher feedback
- ✤ Completion, finalisation or submission of assessment tasks
- ✤ Focused study and revision for specific tests, assessments, exams

Students should have regular breaks in their homework schedule in order to maintain a healthy life balance in their transition to the demands of high school, and should have a suitable and ergonomic working environment.

### HOMEWORK CLUB

Homework Club is available every Monday and Thursday where the library remains open until 5.00 PM.

All students are welcome to attend and access a quiet space with teacher support for study and assessments.





# Build a good routine for school

### IN MY BAG EVERY DAY:

- o Pencil case, pens, pencils, eraser, ruler, scissors, highlighters, glue
- o Laptop
- o Diary

### WHEN I GET HOME FROM SCHOOL:

- o Empty todays books and equipment
- Hand notes to parents
- o Diary check for homework, assessments, add new events to calendar
- o Complete homework, organise work from today, start assignments
- Pack books and equipment for each day, including PE uniform
- Set out uniform for tomorrow
- Charge your laptop for tomorrow
- No devices after 8pm

### WHEN I GET READY FOR SCHOOL IN THE MORNING:

- Put laptop in already packed bag
- Correct school uniform, correct shoes and wear your hat Wednesday correct sport uniform
- Recess and lunch in bag
- $\circ$  Leave home at a time that gets me to school by 8.45am
- o Smile

### KILLARNEY HEIGHTS HIGH SCHOOL 2022 BELL TIMES

| Period  | Monday        | Tuesday        | Wednesday                                       | Thursday      | Friday        |
|---------|---------------|----------------|---|---------------|---------------|
| 1       | 8.50-9.55     | 8.50-9.55      | 8.50 - 9.55                                     | 8.50-9.55     | 8.50-9.55     |
| Break 1 | 9.55 - 10.00  | 9.55 - 10.00   | 9.55 - 10.00                                    | 9.55 - 10.00  | 9.55 - 10.00  |
| 2       | 10.00 - 11.00 | 10.00 - 10.50* | 10.00 - 11.00                                   | 10.00 - 11.00 | 10.00 - 11.00 |
| Recess  | 11.00 - 11.20 | 10.50 – 11.10  | 11.00 – 11.20                                   | 11.00 - 11.20 | 11.00 - 11.20 |
| 3       | 11.20 - 12.20 | 11.10 - 12.00* | 11.20 - 12.20                                   | 11.20 - 12.20 | 11.20 - 12.20 |
| Break 2 | 12.20 - 12.25 | 12.00 - 12.05  | <b>Lunch 1</b><br>12.20 – 12.40                 | 12.20 - 12.25 | 12.20 - 12.25 |
| 4       | 12.25 - 1.25  | 12.05 - 12.55* | <b>Lunch 1</b><br>12.40 – 1.00                  | 12.25 - 1.25  | 12.25 - 1.25  |
| Lunch 1 | 1.25 - 1.45   | 12.55 – 1.15   | <b>Sport</b><br>(Year 7-10 only)<br>1.00 – 2.30 | 1.25 - 1.45   | 1.25 - 1.45   |
| Lunch 2 | 1.45 – 2.10   | 1.15 – 1.35    |   | 1.45 – 2.10   | 1.45 – 2.10   |
| 5       | 2.10 - 3.10   | 1.35 - 2.30    |   | 2.10 - 3.10   | 2.10 - 3.10   |

\* 50 minute lessons