



KILLARNEY HEIGHTS HIGH SCHOOL



Year 7, 2022

STUDENT ORIENTATION INFORMATION BOOKLET

NAME:.....

KILLARNEY HEIGHTS HIGH SCHOOL



RESPECT CONNECT ASPIRE

SCHOOL VISION

Through inspiring teaching, we develop motivated engaged students who will work collaboratively, who think deeply and logically, are creative, innovative and resourceful and are connected to the world forming positive relationships and a sense of belonging.

Learn with your head, hand and heart.

SCHOOL ETHOS

RESPECT, CONNECT AND ASPIRE

It is the aim of the staff and students at Killarney Heights High School to build a respectful school community that is connected in physical, emotional and social ways. This will provide an environment where all students have the opportunity to aspire to achieve their own hopes and desires.

SCHOOL TERM DATES for 2022

Term 1

Friday 28 January	Staff Development Day
Monday 31 January	Staff Development Day
Tuesday 1 February	First day for Years 7, 11 and 12 students
Wednesday 2 February	First day for Years 8, 9 and 10
Friday 8 April	Last day of term

Term 2

Tuesday 26 April	Staff Development Day
Wednesday 27 April	All students return to school
Friday 1 July	Last day of term

Term 3

Monday 18 July	Staff Development Day
Tuesday 19 July	All students return to school
Friday 23 September	Last day of school

Term 4

Monday 10 October	All students return to school
Monday 19 December	Last day for students
Tuesday 20 December	Staff Development Day

IMPORTANT YEAR 7 SCHOOL DATES 2022

School Photos	Term 1	Week 2	10 February
Band Program Open Week Commences	Term 1	Week 2	7-11 February
Yr 7 Camp	Term 1	Week 3	14-16 February
Yr 7 Vaccinations #1	Term 1	Week 3	Friday 17 February
Naplan	Term 2	Week 4	Tuesday 17- Thursday 19 May
Group Photo's	Term 2	Week 9	Monday 20 June
Yr 7 Gala Day	Term 3	Week 4	Tuesday 9 August
Yr 7 Vaccination #2	Term 3	Week 9	Friday 16 September

2022 CARNIVAL DATES

Carnival Type	Venue	Date
Swimming School	Warringah Aquatic Centre	Friday 4 th March
Swimming Zone	Warringah Aquatic Centre	Tuesday 15 th March
Swimming Regional	Sydney Olympic Park Aquatic Centre	Thursday 17 th March
Swimming State	Sydney Olympic Park Aquatic Centre	30 th March – 1 st April
Cross Country School	Melwood Oval	Monday 4 th of April
Cross Country Zone	Rat Park	Thursday 26 th May
Cross Country Regional	Gosford Race course	Thursday 16 th June
Cross Country State	Eastern Creek Raceway	Friday 22 nd July

2022 CARNIVAL DATES cont...

Athletics School	Narrabeen Athletics Track	Monday 2 nd May
Athletics Zone	Narrabeen Athletics Track	Friday 3 rd June
Athletics Regional	Sydney Olympic Park Athletic Centre	Monday 25 & Tuesday 26 July
Athletics State	Sydney Olympic Park Athletic Centre	Wednesday 7 September - Friday 9 September
Year 7 Gala Day	Various venues	Tuesday 9 th August

SCHOOL SWIMMING CARNIVAL

Mr Desnik

The school Swimming Carnival is a house competition event that will take place at the Warringah Aquatic Centre on Friday the 4th of March. This carnival is the first of many representative carnivals that will take place in 2022 and the various dates are included in the table below. The event is due to start at 8.30am for warm up and long-distance events which will begin at 9.00am. The school supplies buses from school and will return once the carnival has finished at approximately 2.30pm. An online permission note will be sent for all carnivals at the start of 2022 and approval will need to be submitted for your child/children to participate.

SCHOOL CROSS COUNTRY CARNIVAL

Mr Desnik

The school Cross Country Carnival is a house competition event that will take place at Melwood Oval on the 4th April. This carnival is the first of many representative carnivals that will take place in 2022. The event is due to start at midday with all students running various distances that suit their age group. The prefects and SRC will run various social/team games that will take place in the middle of the oval accompanied by Mr Fuller's famous tunes. Students will walk with teachers, return to school once the carnival has finished to be dismissed at approximately 2.30pm.

SCHOOL ATHLETICS CARNIVAL

Mr Desnik

The school Athletics Carnival is a house competition event that will take place at the Narrabeen Academy of Sport on Monday the 2nd of May. This carnival is the first of many representative carnivals that will take place in 2022 and the various dates are included in the table on page 3. The event is due to start at 8.30am for warm up and long-distance events which will begin at 9.00am. The school supplies buses from school and will return once the carnival has finished at approximately 2.30pm.

YEAR 7 GALA DAY

Mr Desnik

The year 7 gala day is an all-day fun team sport competition against the numerous schools in our zone. It will take place on Tuesday the 9th of August at numerous nearby venues. Sports choices change from year to year but some of the usual sports are Netball, Touch Football and Soccer. Busses will be supplied for all students and they will all arrive back at school in time for the public busses.

KHHS HOUSE GROUPS FOR CARNIVALS

The four House Groups are named after Irish Counties

1. Kerry- Red
2. Ross - Blue
3. Tara- Yellow
4. Conaire- Green

Every Year 7 Student will be allocated a house group on commencement at KHHS and will remain in this house group for the duration of their schooling at KHHS.

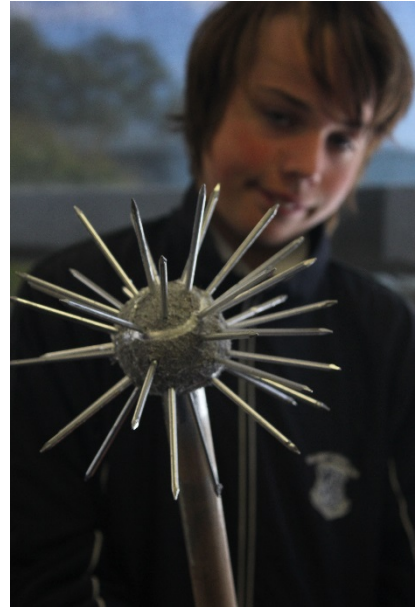
JUNIOR CURRICULUM (Stage 4)

The junior curriculum operates in two modules. Years 7 and 8 study a core group of subjects and an expanded curriculum incorporating elective choices, which are offered in Years 9 and 10.

Year 7 is the same in all schools throughout NSW, whether State or Private.

At Killarney Heights High School students study:

- English
- Mathematics
- Science
- History
- Geography
- Art
- Drama, with a focus on resilience and teamwork
- Music
- Personal Development, Health, Physical Education
- Technology Mandatory
- ICT
- Integrated sport



Note: There is the opportunity for students who have studied French previously to continue the language from Year 7.



Vive le Français!

At Killarney Heights High School, we offer a French program which caters to the needs of students, whether they have no knowledge of French, significant prior knowledge or come from a French-speaking background.

Two courses of French are offered in Year 7. Both courses are for students who have studied French before. Students with no prior knowledge of French can elect to study at beginners level from Year 8.

FRENCH FOR PRIOR LEARNERS (Anglophones)

This course is for English speaking students who have studied at least 3 years of French in Primary School. Building on the students' prior knowledge, it is a fun course where students will explore a range of topics in French, through text, research, drama, film etc. Explicit explanation of grammar will be given, especially conjugation.

FRENCH FOR BACKGROUND SPEAKERS COURSE (Francophones)

Students with a French-speaking background or who have lived in a French-speaking country are invited to take this course. Delivered entirely in French, this course has a focus on improving students' control of French grammar and expression through the study of Francophone literature, media and current affairs.

Both classes take place on Tuesday and Thursday mornings before school, from 7.50-8.50 am at KHHS. Students are assessed in accordance with the NSW K-10 French syllabus and students' results from this course are included in their school report.



UNIFORM SHOP

Opening Hours Tuesdays- 7:30am-1:30pm Thursdays- 11:30am-3:30pm

Please contact our Uniform Manager: Ms Dee Cleworth P| 02 9453 5000 or E| khhsuniforms@gmail.com Order forms can be found on the school website under about our school |what we offer | uniforms

Junior Girls Uniform



Junior Boys Uniform



Senior Girls Uniform



Senior Boys Uniform



Band Uniform



KHHS UNIFORM INFORMATION: GIRLS

JUNIOR: YEARS 7, 8, AND 9

- ❖ Minimal or no makeup or jewellery to be worn e.g. sleeper earrings, plain rings, watch
- ❖ No tracksuit pants, leggings or hoodies to be worn on a daily basis

JUNIOR GIRLS UNIFORM – SUMMER: (Terms 1 and 4)

WINTER (Terms 2 and 3)

- ❖ Light blue check dress, (optional navy shorts) (summer)
- ❖ Navy skirt or navy trousers (winter)
- ❖ White short sleeved collared shirt with school crest on pocket (style can be worn out – slits on side) or long sleeved white collared shirt may be worn, preferably tucked in.
- ❖ School cap is strongly recommended
- ❖ Black stocking or white over ankle socks – (no sports socks)
- ❖ Regulation lace-up solid black leather shoes or black leather slip on shoes that are fully enclosed and cover the arch of the foot - flat heel. No boots, sports shoes, ballet style shoes or slippers
- ❖ School navy blue pullover, KHHS Soft Shell School jacket
- ❖ Navy blazer with school crest (optional)
- ❖ Plain black or white scarf (optional)

UNIFORM INFORMATION: BOYS

JUNIOR: YEARS 7, 8, AND 9

- ❖ No tracksuit pants or hoodies to be worn on a daily basis

JUNIOR BOYS – SUMMER: (Terms 1 and 4)

WINTER UNIFORM (TERMS 2 and 3)

- ❖ Mid grey school shorts or trousers (surf type with elastic waist or cargo pants are not acceptable)
- ❖ White short sleeved collared shirt with school crest on pocket (preferably tucked in). Long sleeved white collared shirt may be worn, preferably tucked in (with school Junior tie)
- ❖ School cap is strongly recommended
- ❖ White over ankle socks – (no sport socks)
- ❖ Regulation lace-up solid black leather shoes or black leather slip on shoes that are fully enclosed and cover the arch of the foot - flat heel. No boots, no sports shoes
- ❖ School navy blue pullover, KHHS Soft shell school jacket
- ❖ Navy blazer with school crest (optional)
- ❖ Plain black or white scarf (optional)

SPORTS UNIFORM

We have different sports shorts for girls and boys

- ❖ School navy sports shorts with school logo
- ❖ White polo sports shirt with school logo
- ❖ School navy blue pullover
- ❖ School navy track pants
- ❖ White over ankle socks
- ❖ Runners/joggers
- ❖ School cap is strongly recommended.

This sports uniform is to be worn only on Wednesday by students doing sport.

All students are to wear this uniform during practical PDHPE lessons.

Note – Girls are not to wear tights to school. Boys and girls are required to wear school shorts or navy school track pants.

- ❖ Protective Footwear – Please Note: For students who have scheduled Science, TAS and CAPA classes (Visual Arts and Photography) classes on a Wednesday, regulation lace-up solid black leather shoes or black leather slip on shoes that are fully enclosed and cover the arch of the foot - flat heel. No boots, or sports shoes, are to be worn during these lessons. Please see NSW DEC Footwear Guidelines for further information.

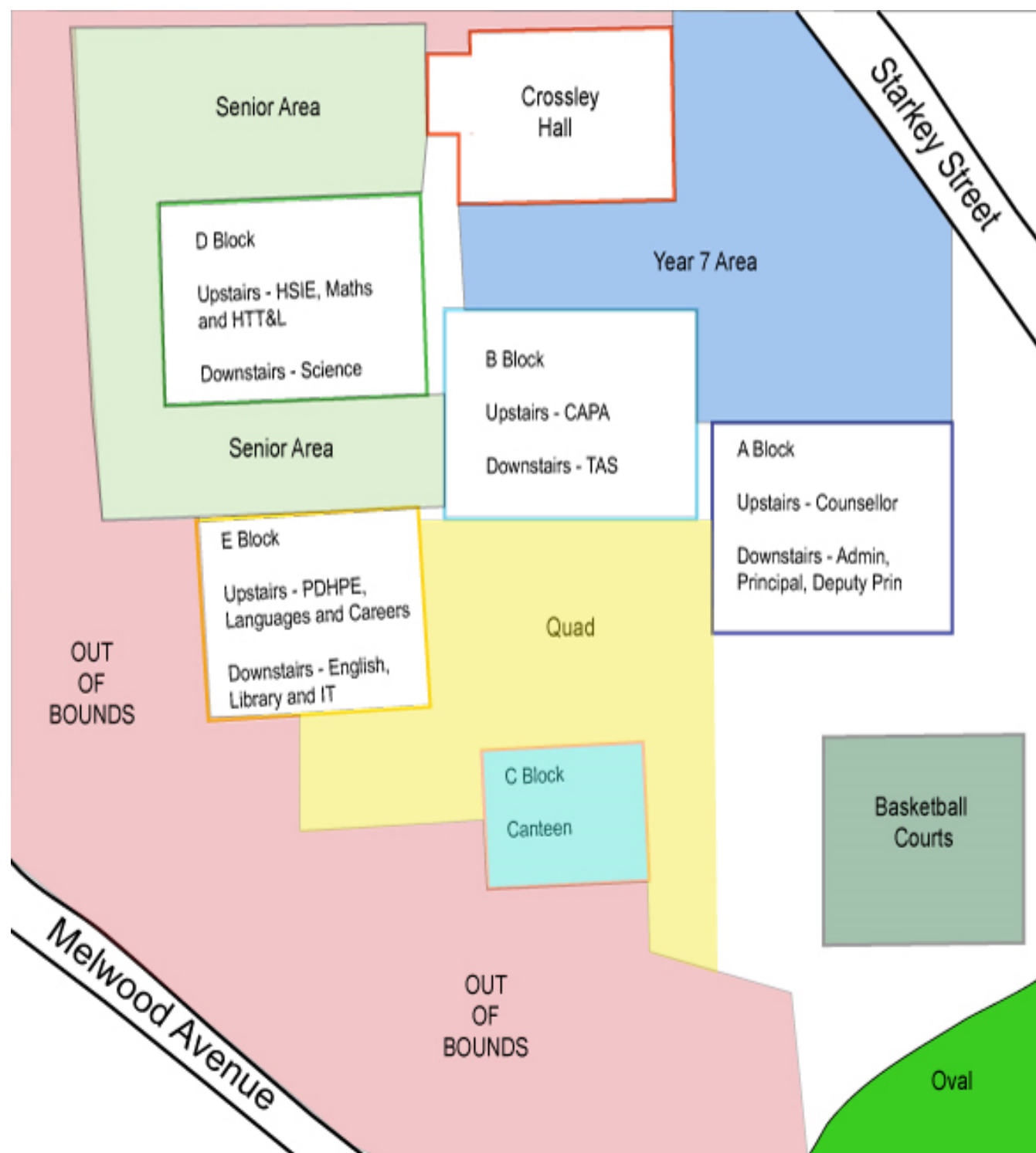
LIBRARY

Our library is located in E Block and is the go-to place for help from our IT, Learning Support and Information teams. We have an abundance of resources including both print and digital book collections to help support and encourage all of our students to read on regular basis.



Our library is home to our school therapy dog, Lani, who joined the KHHS Wellbeing team in 2020. Lani is often out and about in the playground or visiting classrooms where she works with students to promote a calm environment and reduce anxiety.

SCHOOL MAP – SUBJECT BLOCKS AND PLAYGROUND AREAS





AT KILLARNEY HEIGHTS HIGH SCHOOL OUR VALUES ARE:

We respect students, teachers, parents, our school, environment and community

- We connect by listening, learning, accepting and working together positively
- We aspire to be confident self-motivated learners
- We seize all opportunities to become resilient people
- Learn with our head, our hand our heart

KHHS WELFARE TEAM for 2022

Year 7 Adviser	Ms April Kang D Block Science downstairs
Year 7 Deputy	Ms Sabina Walters A Block Front Office
Head Teacher Wellbeing	Ms Diarna Kalmanidis E Block PDHPE upstairs staff room
Learning and Support Teacher	Ms Naomi Yorston E Block Library downstairs
Supervisor of Girls	Mrs Heather Hozack E Block PDHPE upstairs staff room
Counsellor/s	Ms Eleni Caldis (Mondays) Mr Joseph Taffa (Tuesday - Friday) A Block Front Office

CLASSROOM EXPETATIONS

Respect

- Be ready and equipped for school and learning
- Work, cooperate and communicate respectfully
- Value everyone's right to learn and accept diversity

Connect

- Get involved
- Work as a team
- Take responsibility for learning

Aspire

- Think, reflect and participate
- Strive to achieve your personal best
- Engage with new opportunities and set future goals



EXTRA-CURRICULAR ACTIVITIES, CLUBS AND GROUPS

Duke of Edinburgh Award	Mr Sam Willard
Plays/Musicals	Mr Sam Hawkins/Mr Blade Fuller
Theatre Sport	Mr Sam Hawkins
Shakespeare Festival	Mr Sam Hawkins
Bands Ensembles Program	Mr Nic Jeffries
Art Club	Ms Slater, CAPA
KHHS Choir	Mr Blade Fuller
Stage Crew	Mr Blade Fuller
Run Club	Mrs Heather Hozack
The Run Beyond Project	Mrs Heather Hozack
Year 7 House Sport	Mrs Heather Hozack
Science Club	Miss Olivia Wiyana
Public Speaking	Ms Melanie Sanderson
Debating	Ms Melanie Sanderson

DUKE of EDINBURGH'S AWARD

The Duke of Edinburgh Award is an international programme that aims to encourage personal growth in young people by encountering new and enriching experiences.

It has three levels: Bronze (14+yrs), Silver (15+yrs) Gold (16+yrs)

These involve an increasing amount of personal commitment. However, you do not have to be a superstar to succeed, even in the Gold!

Each level of the Award involves four areas:



- Skills - developing the creative side
- Service - contributing to the community
- Physical recreation - making progress in a physical activity
- Expeditions - journeys through the Australian bush.

Many activities that students already do can be counted towards the Award. Doing your best and expanding your horizons at your own pace are what it's all about. The award is a valuable addition to your CV, is extremely satisfying - and great fun!

PLAYS/MUSICALS

The experience of being a part of plays or musicals involves a long-term commitment from students where they audition and if successful rehearse for a minimum of a term to refine performance skills as part of a large ensemble in collaboration with Stage Crew, Production and Direction teams to deliver a full-length show to parents and friends. In 2019 the school presented the music of Queen in the spectacular production of We Will Rock You. In 2020 KHHS showcased a whole-school play made up of performers from Years 7-11 acting in Simon Reade's Alice's Adventures in Wonderland. Auditions and expression of interest for production and stage crew roles will be taken for this year's play in Term 1 and next year's musical in Term 3. Rehearsals will take place on Monday afternoons and in lieu of sport from Term 4 and continue up until Term 1 the following year.

THEATRE SPORTS

Theatresports is the art of improvisation as perfected by renowned stand-up comedians and actors. Students form teams and train with a teacher one afternoon a week for 1-2 terms and then complete in a school competition. Students learn to refine real-life skills of imagination, creativity and collaboration in this engaging and rewarding experience.



SHAKESPEARE FESTIVAL

As a gifted and talented extension for the passionate actors at Killarney Heights High School, in 2021 the Drama Teachers of the school have trained troops of students from Years 7-11 to create performance pieces inspired by the renowned works of William Shakespeare. Expressions of interest take place in Term 4 and students rehearse at various afternoons and lunch-times (dependant on year group). Students will share their polished works with parents and friends in Week 2 of Term 2 before final decisions are made regarding which groups will represent the school in the By Jove Shakespeare Carnival in 2023. The act of collaborating to invigorate these revered plays challenges and develops student interpretative and performance skills.



BAND ENSEMBLE PROGRAM- Year 7 OVERVIEW



At Killarney Heights High School we offer a comprehensive band ensemble program, with many amazing opportunities throughout the year which will continue to develop, improve and inspire your musical passion, with a variety of band ensembles to suit your ability. One of the most important aspects of our program is band camps and tours! Students in our junior ensembles can look forward to a short regional tour in the international touring year.

Ensemble Rehearsal Days and Times

Concert Band – Derek Barg

Monday & Wednesday Mornings 7:30-8:30am

Stage Band – Lachlan Hamilton

Tuesday Afternoons 2:30-3:30pm

Chamber Orchestra – Rosy Johnston

Friday Mornings 7:30-8:30am-B16

Guitar Ensemble- Dave Wooltorton

Thursday Afternoons 3:15-4:15pm

Ensemble Rehearsal Days and Times

Concert Band

Year 7, 8 and 9 students to continue developing their skills in a fun supportive ensemble

Conducted by Derek Barg



Mandatory Ensemble

For all new Year 7's into Band Program except in the case of students with select instruments not suitable for Concert Band

Stage Band

Year 7, 8 and some 9 students. This is a 'Jazz Ensemble' extension of the Concert Band

Conducted by Lachlan Hamilton



Additional Ensemble

Year 7's can join an additional ensemble for extension and variety

Chamber Ensemble

Our newest addition. Open to all String players, Woodwind and keys. For existing ensemble members and musicians within the school

Conducted by Rosy Johnston



Mandatory Ensemble

Option for Yr 7's of a mandatory ensemble suitable for strings Instruments

Guitar Ensemble

Our newest ensemble, open to all year groups. An extension to students in Wind Ensembles, Stage and Big Band. Acoustic, Electric, Bass Guitar players all welcome

Conductor Dave Woollorton



Additional Ensemble

Option for Yr 7's as extension to mandatory ensemble or in the case of select guitarist not suitable for Concert Band



Band Ensemble Rehearsal Location

All Band Ensemble Rehearsals will be located in the Band Rehearsal Space, our new home, located in E Block, E3 next to the Print Room- In the Library Block- Orange Doors

Chamber Ensemble is the only ensemble where rehearsals are located in the B Block B16 classroom- upstairs

Storage of Student Instruments

Students Band Instruments can be stored in the B Block cupboard downstairs closest to the Starkey street side of the school.

This cupboard will be for the storage of Instruments while students are at school. We encourage instruments to be taken home daily and not to be left at school for the week, but if accidentally left behind this cupboard will be locked up after the end of school and unlocked in the mornings at approximately 7.30/8.00am.

Instruments

At Killarney Heights High, parents are to arrange their individual child's instruments hire or purchase (sourced through contact with your child's conductor, music teacher or music stores such as Turramurra Music or Adlib Music) prior to the start of the new school year. This is especially important for the new Year 7's transitioning from Primary to High School as demand for hire will be high.

We do hire a few of the larger instruments ourselves for use at school from the Creative Arts Unit (CARL)

Parents are also welcome to hire through CARL, should you be experiencing trouble sourcing an instrument. Please liaise with Mrs Samantha Eakin the Band Administrator to arrange on your behalf & set up your hire.

Band Contact

General enquiries and administration should be made to the Ensemble Administrator, Mrs Samantha Eakin at samantha.eakin@det.nsw.edu.au

We Welcome you and look forward to your musical journey with us in the KHHS Band Program

ART CLUB

Art Club is an afterschool Visual Arts class run by the Visual Arts teachers in the art rooms at Killarney Heights High School. Art Club is designed for students of all years to further develop and refine their art making skills. The student capacity and prices for Art Club vary depending on which mediums are used. Each term is based around one medium (example: ceramics, photography or printmaking) and students learn foundational to intermediate skills in this material. Art Club is a fun, creative and safe environment for students from all years to attend, make new friends and create unique pieces of art!



KHHS CHOIR

The Killarney Heights High School Choir is a fun, welcoming group for all students at the school. The choir rehearses at one lunch time per week. Students will learn about singing technique, blending voices, intonation, diction, and breathing. The choir also works together throughout the year to write an original song which is premiered at the end of the year. Other performances take place throughout the year, including community engagement events.



STAGE CREW

The Stage Crew are an elite unit of highly enthusiastic and responsible students who receive specialist training in using Audio, Visual and Lighting equipment. These students will run assemblies, performances, and other special events in the hall and across the school. In recent years, the Stage Crew have been a vital part of school plays and musicals, including *Oliver!* (2017), *We Will Rock You* (2019) and *Alice in Wonderland* (2020). Stage Crew meet several times in Term 1 for training, and then meet as needed throughout the year to prepare for school events.

RUN CLUB

Monday morning at 7:30am run club will meet on Killarney Oval. An easy run around the streets of Killarney to kick start the week. All abilities welcome and is free for all.



THE RUN BEYOND PROJECT

A select group of female students will train for the Broken Marathon down in Canberra in July whilst Fund-Raising for the Run Beyond Project - students in need of a little more support. The charity aims to guide students in goal setting, resilience and fitness. Training is held once a week, all students work towards the end goal of completing a 6-person relay of the Broken Marathon.

Contact Mrs Heather Hozack for more information
heather.hozack@det.nsw.edu.au

Cost - \$40 sign up + weekend travel to race (approx. \$100)
Time - 7.30 am Monday



YEAR 7 HOUSE SPORT

First-term of year 7 students will participate in a weekly round-robin competition at Melwood oval. Students will be placed in House teams to allow for students to get to know other students in the year who they don't share a class with. The emphasis is on fun, inclusion and fitness. Sports include Touch Football, Netball, Soccer, T-ball, Frisbee and European Handball.

Cost - Included in school fees
Time - 12.45pm Wednesdays

SCIENCE CLUB

Science Club offers an opportunity for keen science students to actively participate in conducting a new experiment each week. Students across all years are welcome to attend. Science Club meets every Thursday in D07. From turning copper into gold, growing crystals, creating rainbow fire and making your own slime, Science Club never fails to be a fun, entertaining and educational experience. For further information you can contact Miss Wiyana in Science.

PUBLIC SPEAKING

Public Speaking is a source of pride and achievement at Killarney Heights High School. Many of our students have achieved excellent results in the many competitions in which our school participates - including the NSW Rostrum Voice of Youth, the Sydney Morning Herald Plain English Competition, the Legacy Public Speaking Competition and the Lion's Club Youth of the Year.

DEBATING

We also enter the NSW Premier's Debating Challenge which conducts interschool competitions for Years 7-8, 9-10. Our students continue to enjoy success in these competitions while developing confidence and critical thinking skills.

WHAT YOU NEED TO KNOW

Feeling Ill or Accident- If you feel unwell during the day you will be given permission by your teacher to go to the sick bay. Administration Staff from the Front Office will contact your parents. Students are not to contact parents directly. If leaving school, you must sign out.

Chewing Gum- Chewing gum is banned at Killarney Heights High School.

Counselling- Killarney Heights High has a school counsellor on site every day. Counselling can be arranged for students who need assistance. Students can directly make an appointment to see a Counsellor. Staff or parents can refer students for assistance.

ID Cards- ID Cards must be kept on students at all times. ID Cards are used to sign in when students are late to school and also to borrow books at the Library. Replacement cards may be available from the Student Services window for a fee.

Lateness- Students should endeavour to be at school on time, every day. If students are late they must report to the Attendance window with their ID Cards and receive a late slip, the late slip is then to be shown to their classroom teacher. All late arrivals and absences require a written explanation from the parent/guardian to be supplied within the 7 days of the lateness/absence.

Library- The school Library is open from 8:40am, each morning, as well as recess and lunchtimes. The Library is closed during recess each Friday. Students may borrow resources for a period of 14 days. Overdue notices are issued to students who have not returned items.

Lockers- Lockers are available on a limited basis. First issue is to Year 7, then Year 12 and availability to other years thereafter. Cost is \$30 which includes the use of a school lock. Students will be notified when they can apply and pay for their lockers at the commencement of Term 1.

Lost Property- Check the lost property box (in A-Block) and at the Administration Office. It is important that all uniform items are clearly labelled.

Opal Cards- The School Opal Card gives eligible students free or discounted travel between home and school. See: transportnsw.info/school-students or call 131 500 for further information. Students travelling on public transport are required to travel in a respectful manner. On arriving at school students must make their way to supervised areas and not leave the school grounds without permission.

Pass Out- If a student needs to leave to attend an appointment during school hours this needs to be in writing. The student needs to bring a note in the morning detailing their name, year, time they need to leave and a reason why, and hand it into the attendance window before school. They will be issued with a pass out which they can show the teacher if they need to leave in the middle of a lesson.

Textbooks- These are loaned to the students by the School. Students are required to carefully look after and return textbooks in good condition at the end of the year or when the student leaves the school.

Timetable- School commences at 8.50am for all years and finishes at 3.10pm with the exception of Tuesdays and Wednesdays when school ends at 2.30pm. Inter-school sport occurs on Wednesday afternoons. All students return from sporting venues in time to catch afternoon buses home. The school's timetable consists of a two-week cycle, identified as Week A and Week B.

Valuables- Valuables and/or large sums of money should not be brought to school. KHHS takes no responsibility for lost or stolen items. If it is unavoidable, the money or items may be kept in the school safe in the Administration Office in A Block until the end of the school day.

Website- Take a look at our school website for more information about your new school. <http://killarney-h.schools.nsw.gov.au/>

Simplify your



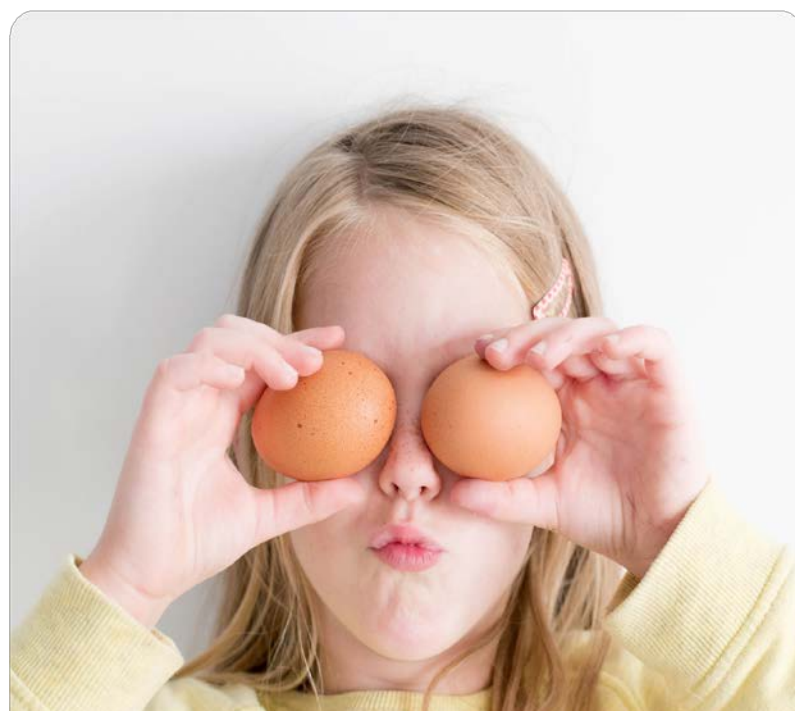
school life.

We have partnered with Flexischools, to make school lunches even easier.

Set up your account

Download the Flexischools App

Note: for iPhone and iPad please select 'Allow' notifications.



- 1 Order online at anytime
- 2 Enjoy cashless convenience
- 3 Pay with Visa, Mastercard, PayPal or direct deposit

Login/Register

- **Already a Flexischools user** – Enter your details and login. To save your login details select 'remember me'.
- **New Flexischools user** – Click '**Register**', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for their school, enter student details and select their class.

Top Up Your Account

To make ordering fast and simple, you can set up automatic top ups in your '**User Profile**'.

Order

Place your Order

On the app home screen, scroll down to view your school services such as canteen and uniforms. Then **swipe left and right** to view all available services.

Make your Selection

Find the service and press '**Order**', then select the items you wish to order.

Make Payment

Select your payment option and complete payment to place your order.



10 years supporting the school community



Committed to healthy eating



Over 1,500 happy schools

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LAPTOPS AT KILLARNEY

Killarney Heights High School runs a BYOD (Bring Your Own Device) program.



Year 7 need to bring a laptop to school on a daily basis when required. Teachers will be delivering lessons and teaching valuable skills using these laptops. One lesson per cycle will be dedicated to computing skills, such as typing, cyber safety, using learning systems, organisation and how to access the programs provided by the Department of Education.

Software such as MS Word or Adobe products do not need to be purchased as these are available free for all students,

with instructions provided on how to access during the ICT lessons.

We do not prefer a certain brand of device – please refer to the BYOD checklist, which is on the school website under Technology.

<https://killarney-h.schools.nsw.gov.au/technology/parent-portal.html>

The first-time laptops need to be brought to school is Friday 11th of February. Please make sure you know how to log on to the device and have it fully charged.

Students will be guided through the following processes:

- Accessing resources
- Password setups
- Access to online learning tools
- How to print
- Student Portal
- Email
- Accessing Software

During the ICT Lessons that occur once a fortnight, students will learn:

- Support on using school platforms
- File management
- Organisation
- Installing and accessing required software

For everyday use we recommend:

- Devices should be brought to school charged
- Lockers are available
- Keep the device in a protective case.
- A mouse and headphones may be useful
- Used in a wide range of subjects

Points to remember:

- Students need to install software – please don't install parental lock
- Don't install software in advance – we do it at school using the DET account
- Our school network is managed by the DET – many sites such as Facebook and YouTube are blocked.
- We have Tech Support in the library every day from 8am
- We a few have short-term loan devices (2 weeks) that can be borrowed if laptops need to be repaired. Please contact the school if this service is required.



HOMEWORK

Homework is part of a process at Killarney Heights which aims to:

- ✳ Provide every student with the opportunity to achieve their full academic potential.
- ✳ Encourage students to take responsibility for their own learning.
- ✳ Prepare students for life-long education.
- ✳ Produce independent learners with a positive self-image.

Developing independent skills in working at home is essential for success in secondary education, so students and parents are encouraged to take homework seriously and to ask for support if required.

All students should check their school diary or online classrooms for homework each night and plan appropriate routines for completing school activities. This period of time should be regular, though may increase during assessment periods. The actual use of this time could be for a variety of activities.

The school is interested in ensuring homework is meaningful, authentic and appropriate for developing student skills and understandings for their variety of subjects. For this reason, much of the homework students will receive will be directly linked with work from class and upcoming assessment tasks. This may include students furthering their skills independently at home in:

- ✳ Completion of work from the day's lessons
- ✳ Further development of understanding in course content
- ✳ Planning for writing or assessments
- ✳ Idea generation, drafting and scaffolding of responses
- ✳ Adoption and application of teacher feedback
- ✳ Completion, finalisation or submission of assessment tasks
- ✳ Focused study and revision for specific tests, assessments, exams

Students should have regular breaks in their homework schedule in order to maintain a healthy life balance in their transition to the demands of high school, and should have a suitable and ergonomic working environment.

HOMEWORK CLUB

Homework Club is available every Monday and Thursday where the library remains open until 5.00 PM.

All students are welcome to attend and access a quiet space with teacher support for study and assessments.





KILLARNEY
HEIGHTS
HIGH SCHOOL

BUILD A GOOD ROUTINE FOR SCHOOL

IN MY BAG EVERY DAY:

- o Pencil case, pens, pencils, eraser, ruler, scissors, highlighters, glue
- o Laptop
- o Diary

WHEN I GET HOME FROM SCHOOL:

- o Empty today's books and equipment
- o Hand notes to parents
- o Diary – check for homework, assessments, add new events to calendar
- o Complete homework, organise work from today, start assignments
- o Pack books and equipment for each day, including PE uniform
- o Set out uniform for tomorrow
- o Charge your laptop for tomorrow
- o No devices after 8pm

WHEN I GET READY FOR SCHOOL IN THE MORNING:

- o Put laptop in already packed bag
- o Correct school uniform, correct shoes and wear your hat Wednesday – correct sport uniform
- o Recess and lunch in bag
- o Leave home at a time that gets me to school by 8.45am
- o Smile

KILLARNEY HEIGHTS HIGH SCHOOL 2022 BELL TIMES

Period	Monday	Tuesday	Wednesday	Thursday	Friday
1	8.50-9.55	8.50-9.55	8.50 - 9.55	8.50-9.55	8.50-9.55
Break 1	9.55 - 10.00	9.55 - 10.00	9.55 - 10.00	9.55 - 10.00	9.55 - 10.00
2	10.00 - 11.00	10.00 - 10.50*	10.00 - 11.00	10.00 - 11.00	10.00 - 11.00
Recess	11.00 - 11.20	10.50 - 11.10	11.00 - 11.20	11.00 - 11.20	11.00 - 11.20
3	11.20 - 12.20	11.10 - 12.00*	11.20 - 12.20	11.20 - 12.20	11.20 - 12.20
Break 2	12.20 - 12.25	12.00 - 12.05	Lunch 1 12.20 - 12.40	12.20 - 12.25	12.20 - 12.25
4	12.25 - 1.25	12.05 - 12.55*	Lunch 1 12.40 - 1.00	12.25 - 1.25	12.25 - 1.25
Lunch 1	1.25 - 1.45	12.55 - 1.15	Sport (Year 7-10 only) 1.00 - 2.30	1.25 - 1.45	1.25 - 1.45
Lunch 2	1.45 - 2.10	1.15 - 1.35		1.45 - 2.10	1.45 - 2.10
5	2.10 - 3.10	1.35 - 2.30		2.10 - 3.10	2.10 - 3.10

* 50 minute lessons